

PERSEKUTUAN AIKIDO, BRUNEI DARUSSALAM

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4th Hombu Instruction Tour Seminar 2012

6th – 8th March 2012

Namba Hiroyuki Shihan – 6th Dan

Venue: Aikidamashii Dojo

Tentative Training Programme

Tuesday 6th March 2012

Session: 1 - Morning

09:00am – 10:30am 1st Lesson

BREAK 15 MINS

10:45am – 11:45am 2nd Lesson

Session: 2 - Evening

06:00pm – 07:30pm 3rd Lesson

BREAK 15 MINS

07:45pm – 08:45pm 4th Lesson

Wednesday 7th March 2012

Session: 3 - Morning

09:00am – 10:30am 5th Lesson

BREAK 15 MINS

10:45am – 11:45am 6th Lesson

Session: 4 – Evening

Groups Photo with Shihan



06:00pm – 07:30pm 7th Lesson

BREAK 15 MINS

07:45pm – 08:45pm 8th Lesson

Thursday 8th March 2012

Session: 5 - Morning

09:00am – 10:30am

9th Lesson

BREAK 15 MINS

10:45am – 11:45am

10th Lesson

Session: 6 - Evening

06:00pm – 08:0pm

11th Lesson

BREAK 15 MINS

Certificate Presentations

FAREWELL DINNER AT RMS(BSB)

TRAINING LESSON FINISHED

THANK YOU

UNTILL WE MEET AGAIN!!!